



THE PICKLEBALL
SUMMIT

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Your Hosts



CJ Johnson



Tony Roig



THE Pickleball Summit 2021 Playbook

30+ World Class Pickleball Experts
Share the Secrets You Need to
Level Up Your Game

FOREWORD

By Kyle Yates

Grow Your Game

I started my pickleball career in 2014 as a tennis player. When I was new to pickleball, I wanted to learn what it takes to play winning pickleball. What shots work and which do not. How to move around the pickleball court. All in all, I wanted to learn ***how to play pickleball***.

I studied and practiced until I got pretty good at pickleball. I even won a few tournaments. But even though I have already had a successful pickleball career, I continue to learn and grow as a player. I try new shots. I work on improving shots that I already know how to hit. I learn from tough games by reflecting on the game. Which strategies were effective? Which not so much?

As you continue to work on your games, take advantage of this Summit and the information you will learn. Add one or two things at a time. Then come back and add one or two more.

With some study and training you can achieve your pickleball goals. Who knows – perhaps one day we will be lucky enough to play each other.

See you on the courts!



Kyle Yates

Pickleball Pro and PB1965 Partner

WELCOME TO THE SUMMIT

If you want to become the best pickleball player you can be the recipe is simple. Find outstanding coaches and resources, learn from them, apply it on the court, rinse and repeat.

That's why we created the inaugural Pickleball Summit in 2020. We showcased 13 world class presenters LIVE over 3 days. This year we're even more excited to bring you THE Pickleball Summit 2021.

All of our 30 plus presenters are experts from in and out of the pickleball world. Their presentations will cover a wide range of topics to help you play and reach your potential.

None of our presenters wanted to have you wait until the summit started so each of them wrote something special for this playbook. This book is filled with their hottest tip. The one thing that each of them believes will make an immediate impact on your game.

- **Strategy**
- **Technique**
- **Pickleball Fitness**
- **Equipment**
- **Mindset**
- **Injury Prevention**
- **Rules**
- **For the Ladies**

There will be a lot of information – over 15 hours during the four days of the Summit. The advice and instruction will help you improve your game, extend your time on court, and generally become a better-rounded pickleball player.

Our recommendation is to adopt an incremental approach where you add the information a little bit at a time. Try to do too much at once and you may not end up doing anything.

As a Pickleball Summit 2021 attendee you'll receive daily email reminders to check out all the amazing lessons and insights posted throughout the summit. Remember, you'll have access to each of the sessions for 24 hours once they go live.

After that they'll only be accessible to our All-Access Pass holders. With a **lifetime** pass you will gain unlimited access to all of the sessions, so that you can come back to it again, and again.

If you want lifetime access to all the sessions plus exclusive bonuses click [here](#) for more details. Purchase before the summit begins and you'll save yourself some \$\$\$.

[UPGRADE TO ALL ACCESS PASS](#)

See you at the Summit,

CJ and Tony



TONY ROIG

01 GREATLY IMPROVE YOUR RESULTS WITH THIS 1 CHANGE

There is one thing that is significantly dragging down your game. While popups aren't fun, it isn't popups. It also isn't that your paddle wasn't in the ready position.

The one thing that is causing you to lose more points than you should is: **the net**.

No matter what you do, if the net gets ahold of your shot you cannot win. The net is the undisputed champion of pickleball.

The one thing *you can do* to avoid this outcome is to give the net its due respect. Don't tempt the net with your shots. Instead, give your shots sufficient space over the net so that the net doesn't even have a chance to end your rally.

Take the net out of play and you will win more. Period.

Tony Roig

Co-chief Content Creator

[VIPickleball](#)



CJ JOHNSON

02 WHAT YOU SEE IS WHAT YOU GET

What's the most valuable tool in your pickleball bag?
Paddle? Knee brace? Shoes?

Nope, it's the camera on your phone. The sad part is that most people don't use it. If you've never seen yourself play, how do you know what you're doing on the court?

What does your backhand look like? How about your overhead? Are you a good mover or could you use some work? Where do you make most of your mistakes? Is it a specific shot or would a change of strategy help?

Even if you don't have a trained eye, you'll see something. The camera doesn't lie. It's going to show you what you do well and what you don't do so well

Take a video of yourself playing pickleball. .. Today!

CJ Johnson

Co-chief Content Creator

[VIPickleball](#)



BARRETT KINCHELOE

03 SOMETHING FOR THE 3.5 PLAYER

There is one major skill that separates the experienced and the inexperienced pickleball player.

It's the one skill that will reduce the chaos, reduce the constant banging, and will introduce you to the dinking game more often.

During my presentation, I'll be talking about how to take pace off the ball. It seems simple, but it's not. Hitting the ball too hard is something that plagues a lot of newer players and even players up to the 3.5 level.

Here's something you can try in the meantime. If a hard shot is coming your way, freeze in place before and after the shot. Sometimes, there's too much chaotic movement when a fast ball is coming your way. Learn how to slow down and freeze and you'll be more likely to block that shot back.

Barrett Kincheloe

Pickleball Kitchen



BRAD WALKER

04 STAY LOOSE AND LIMBER

What's one simple activity you can do to increase your range of motion, improve your performance on the court, reduce your chances of injury, and do away with aches, pains and stiff, tight muscles and joints?

Stretching!

Yep! A few simple stretches included as part of a 3-to-4-minute warmup will do wonders for your game, and your life in general. The right stretches, done the right way, will improve your freedom of movement, improve your posture, improve your co-ordination, and increase your energy.

If you want to give stretching a go, make sure you start off gently, ease into the stretch position, hold your stretch for 30 to 40 seconds, and breath through the stretch.

Stay loose and limber.

Brad Walker

The Stretching Institute



DON STANLEY

05 RULES MISCONCEPTIONS

As you might imagine I've heard some funny things when it comes to the rules. Things like you can't move into the kitchen until the ball bounces (Spoiler alert: YES you can).

The best way to fight misconceptions is to know the rules and all it takes is a little time.

USA Pickleball provides a [free downloadable copy of the rule book.](#)

Just starting to play pickleball or know someone who is? [Here are the basic rules.](#)

Think you know the rules? If you're a USA Pickleball member, take the [free rules test.](#)

Ready for the next level? [Take the referee test.](#)

No matter what your level you should know the rules of the sport you play.

Don Stanley

Head Referee, PPA Tour



DR. ALLAN ROSENTHAL

06 PICKLEBALL SHOE SMARTS

1. What are the steps to buying proper pickleball shoes?

The ideal time to shop for shoes is after you have played or in the afternoon when your feet are swollen.

Wear the socks you will be playing in. If you wear orthotics, bring them with you when you try on shoes and take out the shoe's insoles when fitting.

If you find a model you like, buy a 2nd pair and rotate usages.

2. How often should we replace court shoes?

A shoe is worn, way before you see holes in the sole.

The mid-sole material is a compressible, shock absorbing, protecting device, which will not rebound after a certain amount of compression. When this material loses its rebounding protection, it's less shock absorbing, and can create an alignment change of the foot.

In general, court shoes need to be replaced after about 45-60 hours of court time.

Dr. Allan I. Rosenthal DPM

Advanced Foot Care Center



COACH RUSSELL

07 BEING MENTALLY PREPARED

Being mentally prepared before each point is so important to you and your partner. It also builds TRUST with your partner that you have things covered on the court.

I always go into each point with a Game Plan "A" or Game Plan "B". Game Plan "A" is the thing I want to do with the ball. Game Plan "B" is my back-up plan. It's what I need to do in the event an opponent hits me a difficult shot and I'm simply forced to keep the ball in play.

Examples of this is if my partner misses a serve, then game Plan "B" for me is get my serve IN! Another example is while my team is serving, if my opponent hits a shot I can handle, I'm selecting a spot to for my third shot to set up my partner. If it's a more difficult return, I go to Game Plan "B" which is a more safer 3rd shot in the middle.

Coach Russell

[Suncoast Pickleball Training Boot Camps](#)



DEB HARRISON

08 WAYS TO COMBAT AGING

I started playing pickleball when I was 55 years young. I am now 73 years young and still going strong...However, it is true that I am no longer my 5'1" frame. I have shrunk to 4'11" stocking feet. I never realized how important height is to this wonderful game!

In response to the fact that I am shrinking, I must learn to adapt to reality. Ways to combat aging might include physical training to maintain strength, flexibility, and reduce possibility of injury by caring for your body...both physically, mentally, and nutritionally.

Rather than give up and accept defeat, the older player must work harder to maintain any advantages they may have: smarter shot selections, stretch opponents more on the court, use lobs to advantage, work on trickery and deceit rather than all brute strength. Continue to work on improving and maintaining reaction time aspects, work on increasing the velocity of execution at times, realizing that you probably will not be able to out bang a good banger.

Good solid fundamentals which keep the ball at your opponent's feet prevent your more youthful opponents from pulling the trigger on you.

Deb Harrison

[Deb Harrison's Intense Pickleball Camps](#)



DR. PETER SCALES

09 COMPETE-LEARN-HONOR

The most important thing you can do to become a better competitor?
Redefine success.

Success is not about wins and losses. Success is about improving as a player and a person. Do you Compete, Learn, and Honor? Do you give 100% of what you have on any given day (Compete)? Are you an open, curious, humble student of the game (Learn)? By how you act, do you bring credit to yourself, teammates, opponents, officials, and the game (Honor)?

If you build these Compete-Learn-Honor habits, then you are a success and you will give yourself a better chance of winning, without focusing on winning.

Dr. Peter C. Scales

Psychologist, USPTA Certified Professional, High School Tennis Coach

Coach Pete



GIGI FERNANDEZ

10 TOP 3 VOLLEY DO'S AND DON'TS

Want to hit a consistent effective volley?

Do Not:

Turn

Take the paddle back

Step in

A compact swing with the paddle in front of your body will reduce the chances for error from a big swing and will also make your volleys quicker.

Do:

Stay sideways

Reach in front

Swing by exaggerating the follow-through

Pickleball is a game where paddle speed - quickness - is key. A compact volley swing will give you the quickness you need to succeed up at the non-volley zone line.

Gigi Fernandez

Gigi Fernandez Tennis



HELLE SPARRE

11 NUMBER 1 SECRET: CHANGE OF DIRECTION CAN CAUSE YOUR TEAM POOR POSITIONING

Dynamite Doubles strategy is based so much on players' roles and responsibilities, which is determined by where the ball is, so changing direction of the ball can cause you and your partner to lose your advantage.

Players will struggle and lose points because:

- They are out of position and unable to defend 100% of their court
- Not knowing which ball is theirs to take
- Not knowing where to hit the ball back to their opponents

Knowing your role on the court and maintaining that with smart shots back to your opponents addresses all of these.

By understanding and executing the roles of Blocker and Workhorse, you and your partner will be comfortable on the court, feel confident in defending any shot that comes your way, and know where to return the ball in order to maintain this advantageous positioning.

Helle Sparre

Dynamite Doubles



KEVIN HUCKLE

12 COMFORT AND SAFETY ON THE COURT

Footwear is about as personal as it gets on the pickleball court. Foot size, width, arch, and even color preferences are personal to each of us.

It is important, however, that you wear a shoe that is specifically designed for lateral movement. Shoes that are designed for jogging or walking are designed for forward movement and can roll when we apply sideways pressure on the shoe. This can strain your knee or ankle ligaments.

Correct footwear that is designed with purpose will reduce your chance for injury and add to your enjoyment on the court. A shoe designed for the lateral movement in pickleball is the best choice for you to wear while playing pickleball.

Kevin Huckle

Tyrol North America Inc.



LUKAS MCKNIGHT

13 EYES

In most sports, close to 90% of the sensory experience is visual. And while we do all we can to improve ourselves on the court in lots of ways (practice, shoes, paddles- you name it!), we generally don't consider our eyes and all the information they're giving us.

If you're at all like me as a pickleball player, most of your unforced errors come from mis-hitting the ball: either you hit the ball off the edge guard, or your timing is barely off and you hit into the net or over the line.

What most people don't know, though, is that you can improve how well you see and track the ball to help you make more consistent quality contact with the ball- and who doesn't want that? With hand-eye coordination athletes, we've found a strong correlation between those with strong convergence scores (how well you track an object as it moves towards you) and game performance. The good news is visual skills can be improved with training, and going through a visual warmup improves performance on the field- both of which we've studied in MLB batters and NHL goalies.

So, before you say "0-0-2" to start your next game, do some visual training (through a program like ours, or by doing pencil pushups or using a Brock String) to increase the number of crisp, accurate shots you hit on the court.

Lukas McKnight

Vizual Edge



LYNN CHERRY

14 TOE THE LINE NO MORE

The Past

I first heard about the idea of making sure your toes were very close to the kitchen line from professional player Sarah Ansboury a few years ago. The idea was to get as close to the kitchen as possible so you can take the ball out of the air, giving your opponent less time to react to the shot.

The Present

But times have changed so that in 2021 Pickleball is becoming a more aggressive game especially at the higher levels. This means the tactic of being an inch or two from the kitchen line is not always the best strategy. You may actually want to take a step off the line and let the ball bounce first. You still need to make sure you hit the ball in front of you. But if someone is hitting a softer shot like a third shot drop or dink then it makes sense to take a step back, let the ball bounce, and attack if the ball is high enough.

The Future

And while this is a tactic for 2021, it will be interesting to see what else evolves for future Pickleball strategy.

Lynn Cherry

Pickleball Fire



NICOLE HAVLICEK & JORDAN BRIONES

15 THE HIDDEN STRATEGY MISTAKE COSTING YOU POINTS & GAMES THAT CAN BE FIXED WITH ONE SIMPLE DECISION

There's a ton of focus in pickleball placed on hitting the ball. Yet, it's also critical to correctly use that window of time between when someone on your team has finished striking the ball to before your opponents make contact with it. Far too many players simply hit, stay & wait. That's a mistake. That time should be used to move yourselves into the best possible position to deal with the very next shot that is about to come from your opponents.

Does it look like your shot will put your opponents in trouble? Great! You should probably take that opportunity to advance in the court toward the NVZ line and put more pressure on them.

Did you hit a bad shot and are about to deal with an attack? You should probably use that time to retreat somewhat and get yourself balanced and ready to spring into action to chase down that next shot or defend your feet because the ball may be headed there.

Did you or your partner hit it well off to one side? That's ok but your whole team as a unit should probably slide over towards that side to close off angles you've now created for your opponents.

The main takeaway here is that you are not a spectator out there. Hit & move!

Nicole Havlicek & Jordan Briones

PrimeTime Pickleball



BRYAN MUNOZ

16 ROTATIONAL EXERCISES

You run to the kitchen, hit a dink, turn to the side for a backhand, etc. All of these motions have one thing in common: rotation.

Have you been working on rotational exercises as part of your core routine? Are you adding hip rotation stretches and strengthening exercises as part of your dynamic warm-up routine? Do you perform daily shoulder and back stretches to address upper body imbalances?

It is paramount to address the entire chain of the body, because it is the master of compensation. Everything is connected. So make sure to address the missing link in your pickleball game so you can continue playing without being limited by pain or injury.

"We don't stop playing because we grow old; we grow old because we stop playing." - George Bernard Shaw

Bryan Munoz

Owner, BR3 Health & Performance



DOTTI BERRY, aka COACH B

17 **STEP INTO YOUR POWER**

Women are stepping into their power through the sport of Pickleball. Why does this matter? Because it not only empowers women, it positively impacts men in our sport. Developing or refining our leadership skills and discovering how working together as a team creates meaningful success in both women's doubles and mixed doubles.

I've been an athlete my entire life and have been fortunate to coach at an elite level. I'm amazed at the number of women playing pickleball we don't consider themselves athletes.

What would you call someone who plays a sport multiple days a week for several hours at a time? Yes, that's right...an athlete.

The reason the term is important is because how you think dictates the actions you take. Want to level up?

Step into your power. Start calling yourself an athlete and see what changes.

That's one of the reasons I created the Pickleball Forum for Women.

[Here's our manifesto](#)

Dotti Berry, aka Coach B

[EPIC Health & Wellness](#)



GLEN PETERSON

18 CHOOSING A PADDLE

When choosing a paddle, ask yourself three questions.

First, does it feel great in your hand and when hitting a ball?
Close your eyes and swing. Does it feel like the perfect paddle?

Second, does it look great? Is it cool or beautiful or fashionable?

Third, does it sound perfect when hitting a ball?

Try many paddles for entire games or more. Disregard price and technology and brand. When a paddle feels, looks and sounds perfect, you have your paddle.

Glen Peterson

Pickleball Central



THE HACKENBERGS

19 YOUR PARTNER MISSED THAT SHOT - NOW WHAT?

Jim and I have played pickleball together for years and have learned many lessons along the way.

Perhaps the most important lesson is what to do when one of us misses that easy shot. After all, it happens.

While it isn't always easy, the one thing that you really must avoid when your partner makes a silly mistake is to make it worse. A groan, eye roll, or shoulder slump can turn one error into a bunch of them or, worse yet, ruin the whole experience of playing pickleball and competing as a couple.

At the Summit we will share some of our tips for partner play, including what Tony has termed "The Hackenberg Rule." See you then.

Yvonne and Jim Hackenberg

[Latitude 42 Senior Pro Open - Pickleball Fever in the Zoo](#)



DAYNE GINGRICH

20 NEW VISIONS + OLD HABITS = OLD RESULTS

Creating new, huge goals is awesome, but make sure you're not bringing your old habits with you. Every step we take towards designing a "new normal" requires an addition of new rules, new ways of thinking, and adjusted beliefs.

Because of the conscious and unconscious habits we've developed, work ethic alone isn't enough to produce the new outcomes we want. We also have to change the internal self-talk and belief rules we've been playing by.

Athletes that consistently create winning results don't play by the same internal rules the rest do. Very often they design their own rules - the kind that defy convention and safety. Do you want next level? First change your habits then stop playing by everyone else's mediocre rules.

Dayne Gingrich

1% Mindset



YVONNE TING

21 SLOW THE GAME DOWN

Bangers got you down?

Feeling tired of getting pummeled?

The best way to stop this is to master the soft game. Make the bangers and pummelers play your game. By learning the soft game you will gain confidence and be able to stay in the point.

A critical skill you will need to play the soft game is a reliable block volley. Bring your paddle forward to meet the ball (like you are going to block it and no more). Keep your paddle firm enough that it doesn't flit about in your hand and use the energy of the ball coming your way. Learn this shot and watch your on-court confidence soar.

Yvonne Ting

Senior Pro and Level II Pickleball Instructor



MARK RENNESON

22 PICKLEBALL IS CHANGING

Are the serve and return really just about getting point started?

Is the safest play always the best play?

Why do so many pros choose to return serve with their backhand?

Pickleball is changing and we should re-think some of the traditional ways of thinking about the sport.

Mark Renneson

Third Shot Sports

Pickleball Coaching International



DREW EVANS

23 TAKE CARE OF YOUR BODY

As a pickleball player you must realize the most important piece of equipment is YOU.

If you want to play your best when you hit the court, recovery between game days is essential.

One of the best tips that I can give you in addition to the products I'll be sharing during my summit talk is rest. Make sure that you're getting enough sleep: 7 to 9 hours per night. Have trouble sleeping? Naps count!

If you're going to play your best you need to treat your body right and take recovery seriously.

See you in your dreams!

Drew Evans

Pickleball Librarian



EDDIE ADKINS

24 ONE “AHA” MOMENT ON MY JOURNEY TO 4.0

The journey to 4.0 pickleball has been full of twists and turns. I have been fortunate to be guided by some really good instructors, including Tony Roig and Simone Jardim.

One area that stands out – a huge “aha” moment – was my body weight. I had a habit of leaning back when I hit. I think it was because I wanted to “soften” the ball that way.

I learned that I would have more control – not less – if I kept my weight forward when I hit the ball.

This change in my game has helped my shots become more predictable, allowing me to play a better game.

Keep your weight forward and see if it helps you.

Eddie not Webby

[The Eddie and Webby Podcast](#)

(YouTube, Apple, Spotify, Everywhere)



GENE SMYTH

25 TARGETING

Targeting happens – but should it?

Depends. In competitive/tournament play, targeting is a good strategy and should not raise any eyebrows.

But make sure you are targeting intelligently. Player A may be better attacking at the NVZ than their partner while their partner might have a better 3rd shot! The whole "who's the weaker player" thought process is often too simplistic.

But in recreational or open play, targeting should be discouraged. Targeting in these conditions will lead to better (non-targeted) players not coming to the group any longer and will also deny the players who are targeting the opportunity to improve by being presented with more difficult shots.

In recreational play, hit the shot that makes the most sense in the situation regardless of the relative strength of the player on that side of the court. Go with the flow of the ball, work on your positioning and footwork. Be a good and supportive partner.

This will ensure the best result for all players.

Gene Smyth

[Gene Smyth Pickleball On Facebook](#)



MIKE SCHWARTZ

26 DO I NEED ONE?

A question we get a lot: should I buy a pickleball throwing machine (a “ball” machine)?

If you want a drilling partner that never tires of going out to the courts with you, any time and in any weather conditions, and if you are committed to repetition to improve your game, then machine may be right for you.

But ... a ball machine is a significant monetary investment. Before you commit to a machine, make sure you are committed to your improvement and to using it as part of the plan.

Mike Schwartz

Founder and Designer of [the Simon X Pickleball Throwing Machine](#)



RANDY SUSSMAN

27 KEEPING COOL WHEN IT'S HOT

Everyone should be taking advantage of the dri fit materials that are being offered nowadays.

It's so important to wear clothing that pushes the moisture away from your body. That's what keeps you cool and comfortable on the court. Consider long sleeve t-shirts for added protection against the sun.

A hat or a visor made of a moisture wicking material doesn't just keep the sun out of your eyes. It also keeps you cooler.

Pickle Cooler

Randy Sussman

PB1965 Founder (MX-2 dri fit technology shirts)



SCOTT FLIEGELMAN

28 AVOID DISARMING YOURSELF ON THE COURT

Let's start with the obvious: you need a working arm to be able to enjoy a game of pickleball. If tennis or golfers elbow gain a foothold in your arm, you could be playing in pain – or worse yet, sidelined – for a period of time.

There are several things you can do to minimize the risk of inflammation or damage to your elbow. A relatively simple one is to rest the arm. Specifically, between rallies – when the ball is being retrieved or just when you are walking into position. During these moments, remove the paddle from your dominant hand (the one you play with). This will allow your arm to relax and will release the tension around your elbow.

A second proactive strategy is to minimize the use of smaller joints and muscle groups, when swinging the paddle. Instead, aim to rely more broadly on the shoulder joint as the primary hinge, with a firmer elbow and wrist. Think of the image of a metronome atop a piano, or an elephant's trunk swaying. Lastly, loosen the grip on your paddle... think instead of a gently holding a parakeet in your hand, thereby creating significantly less tension and stress running along your arm.

Give it a try.

Scott Fliegelman

Babolat Pickleball / Boulder Pickleball



EDWARD HECHTER

29 IT'S NOT THE ROOF, IT'S THE FLOOR!

Balls are categorized as being indoor or outdoor.

The term “indoors” can be tricky, though. Indoor suggests that you should use that ball whenever you are playing under a roof. That is indoors, after all.

Indoor balls, however, are designed with the playing surface in mind. A wooden gym floor or a polished concrete surface are suitable for indoor ball use. A rough tennis court surface, on the other hand, is more suited for an outdoor ball – whether that court is under a roof or no. Before you buy balls, consider the surface you will be playing on and not whether you are indoors or out.

Join me at the Summit, where I will demystify the myths about pickleballs, explains ball construction and play characteristics, and answers the ten most common questions people ask about pickleballs.

Edward Hechter

CEO, Pickleball Central

PickleballCentral.com/PickleballGuide



JOHN SPERLING

30 STOP GETTING SLAMMED

Ever move up to the non-volley zone line and get slammed as you were getting there? Wonder why that happens?

There are two reasons you are getting slammed as you move forward after the serve. First, the third shot was deep and attackable. Second, you moved forward despite the shot being attackable.

The best solution to being slammed is to hit shots that cannot be slammed. But ... you can also avoid being slammed with the ball by not rushing in when the third shot can be attacked. Give it a try.

John Sperling

[ATP-Pickleball Camps and Clinics](#)



JACKSON CORLEY

31 OPTIMIZE YOUR PLAY

One of the biggest parts of performing at your best on the court, is actually what you do off the court. More specifically, optimizing your recovery on off or light days.

Research also shows the connections between sleeping well and staying healthy as we age. Make sure your utilizing every second of your rest by reducing inflammation, increasing blood flow and sleeping when you're tired. You'll feel much fresher on the court because of it. I promise.

Jackson Corley

Founder,
Incrediwear

THANK YOU

Many thanks to our 2021 Summit presenters for sharing their time and expertise. Use the information in this Playbook and presented at the Summit to improve your play as well as your on-court experience.

If you want access to the Summit – but did not yet get your All-Access Pass – you can still do so after the Summit [by going here](#).

Keep this Playbook as a reference. In addition to the tips in here, you have the contact information for the presenters in one location. It is a powerful tool as you continue down your pickleball path.

And if you are ready to join the top-rated online pickleball community – dedicated to your improvement – visit us at wearepickleball.com

CJ and Tony

