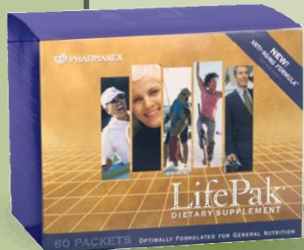


LifePak[®]

Dietary Supplement



What is LifePak[®]?

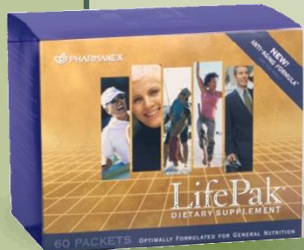
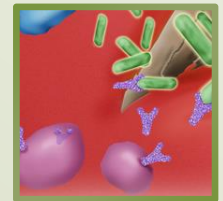
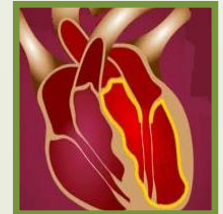
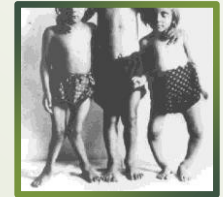
A comprehensive nutritional wellness program delivering the optimal amounts of essential and generally beneficial micronutrients for long-term health and well-being.



LifePak Benefits

7 Formulas in 1

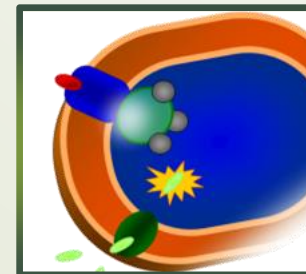
1. Addresses nutrient deficiencies
2. Cardiovascular benefits
3. Complete bone nutrition
4. Promotes healthy immune function



LifePak Benefits

7 Formulas in 1 (continued)

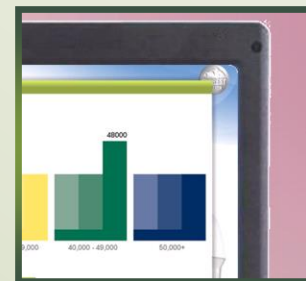
5. Supports normal blood sugar metabolism



6. Protects against the symptoms of aging

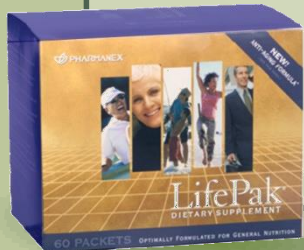
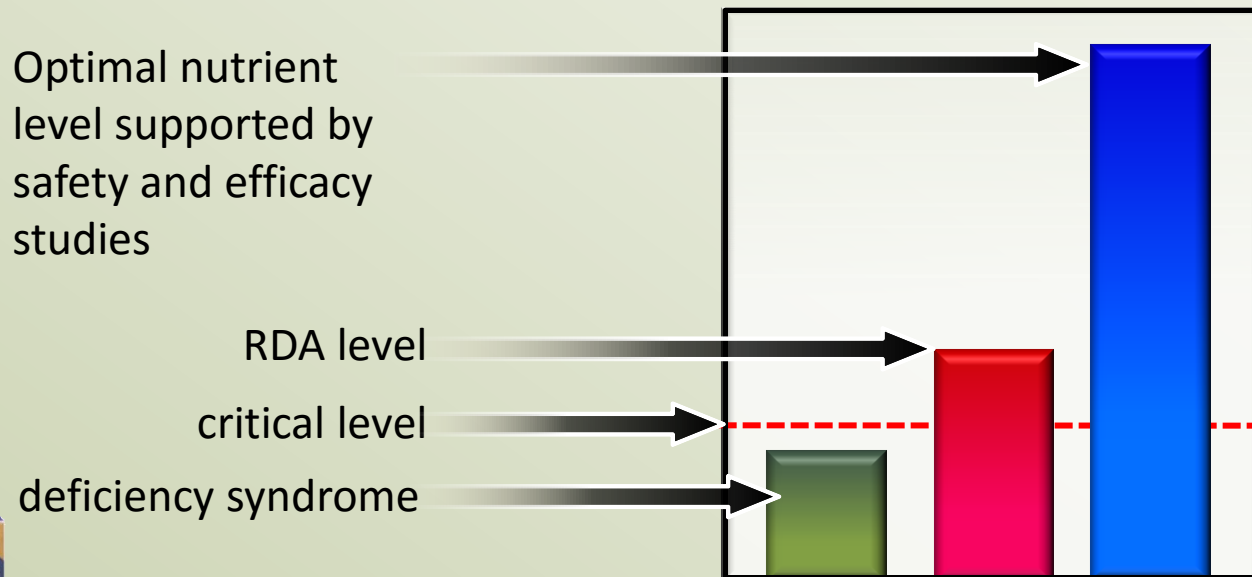


7. Raises your antioxidant defense

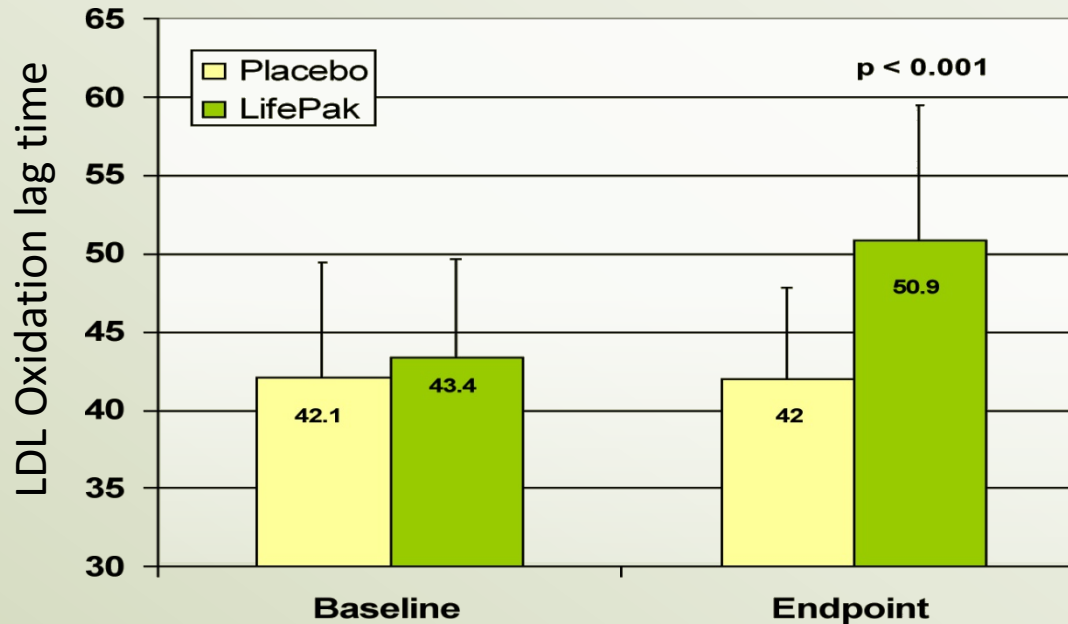


1. Addresses Nutrient Deficiencies

Vitamin deficiency syndromes such as rickets, scurvy, and beriberi are uncommon in industrialized countries. However nutrient intakes above deficiency levels, but below optimal intakes do not allow for optimal health. Most people do not consume optimal nutrient levels through their diet alone.



2. Cardiovascular Benefits



- ◆ **Blood Pressure**

(Ca, Mg)

- ◆ **Homocysteine**

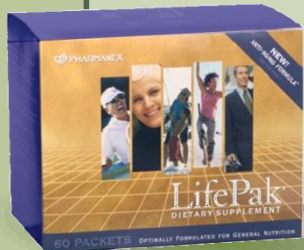
(B-Vitamins)

- ◆ **Inflammation**

(Flavonoids, Antioxidants)

- ◆ **Circulation**

(Flavonoids)



View clinical at resources tab of LifePak page on pharmanex.com

3. Bone Nutrients



Normal Bone



Thinning Bone



Fragile Bone

- ◆ **Calcium**

(primary bone matrix mineral)

- ◆ **Magnesium**

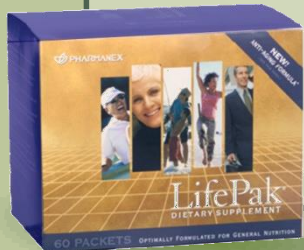
(important bone mineral)

- ◆ **Vitamin D**

(calcium absorption)

- ◆ **Vitamin K**

(osteocalcin dependant bone mineralization)



4. Promotes Normal Immune Function

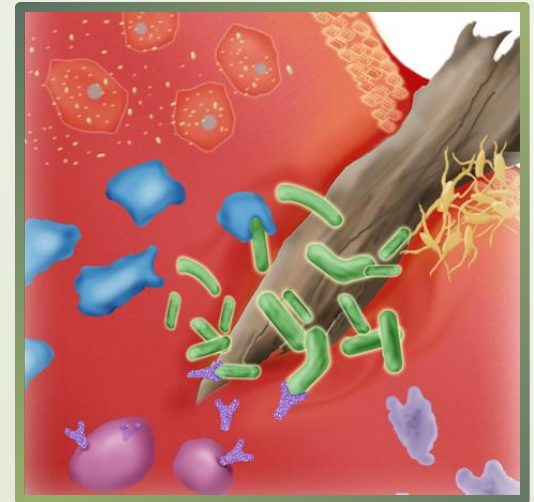
Your immune system needs optimal nutrition in order to function properly

Vitamins A, C & E:

promote cell-mediated immunity

Zinc, Vitamin B₆:

Immune cells must divide and multiply rapidly to attack and eradicate a virus or bacteria. Each time an immune cell divides, its DNA must be replicated. Zinc and vitamin B₆ are all essential for DNA synthesis



β-carotene, selenium:

Critical to immune function

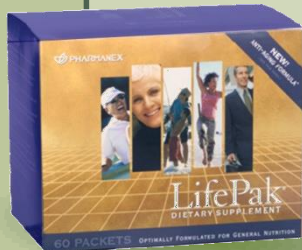
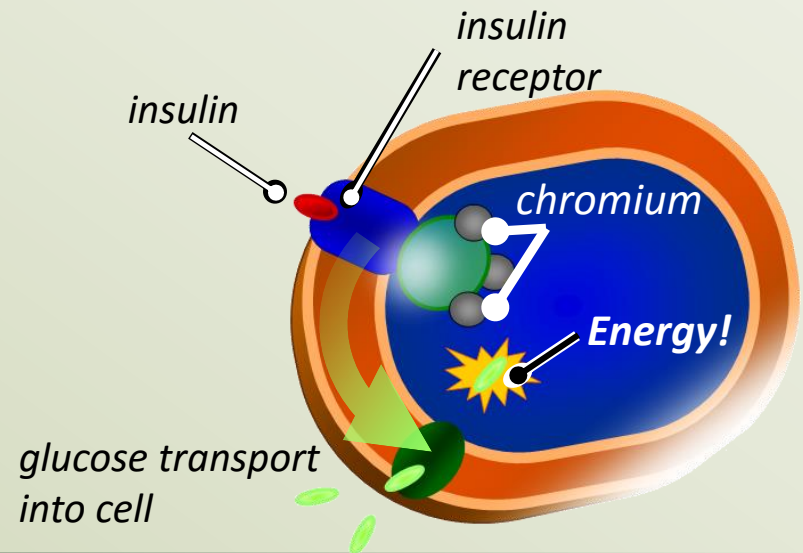
5. Blood Sugar & Insulin

LifePak promotes normal blood sugar, glucose tolerance and insulin metabolism

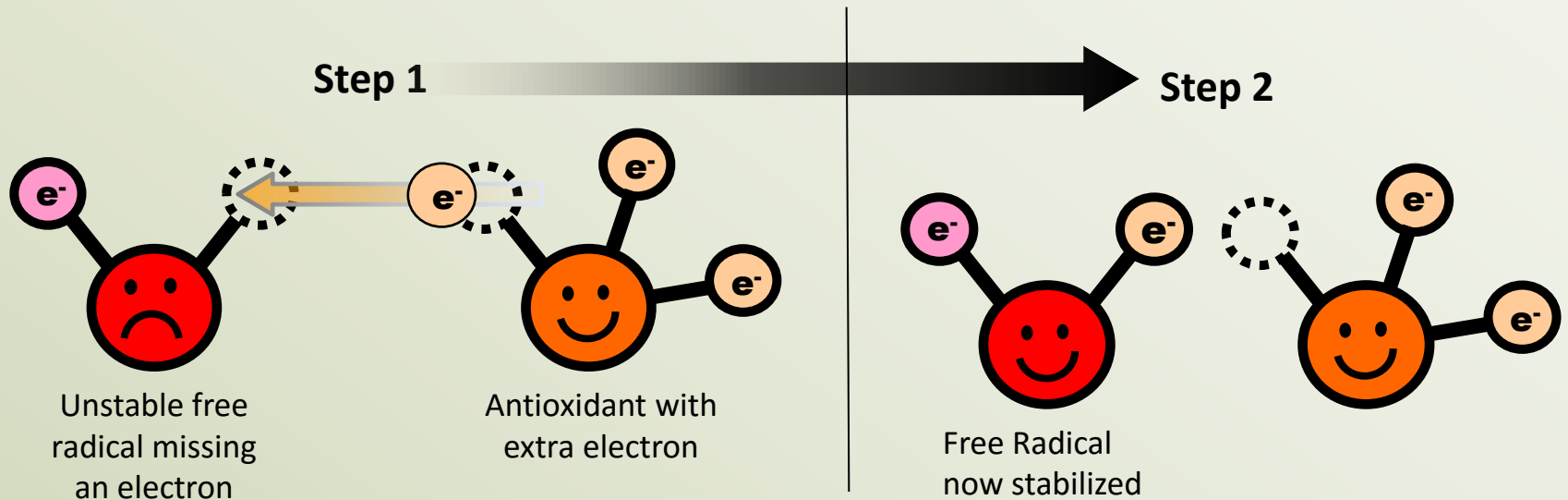
- **Chromium:**

- essential for normal insulin function
- most diets are low in chromium (<50 mcg/day)

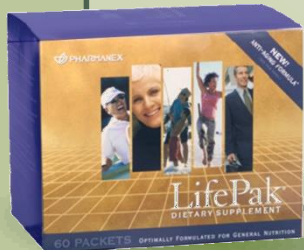
- **Vitamin C**
- **Vitamin E**
- **Alpha-Lipoic Acid**
- **Magnesium**
- **Zinc**



6. Protects Against Symptoms of Aging

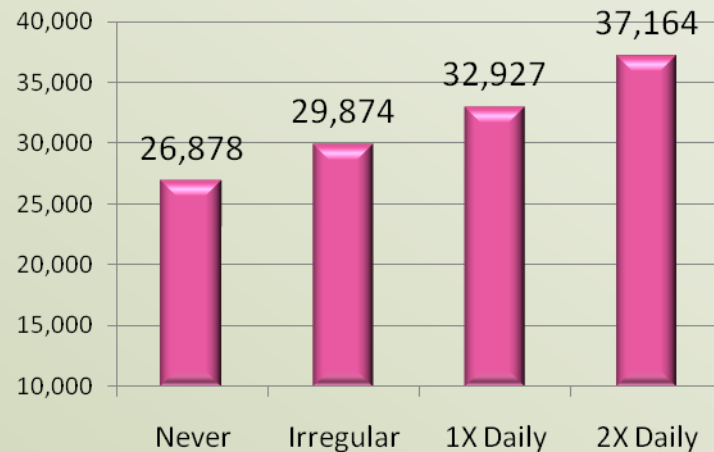


Antioxidants donate or receive one extra electron to neutralize free radicals and stop the aging effects of free radical oxidation.

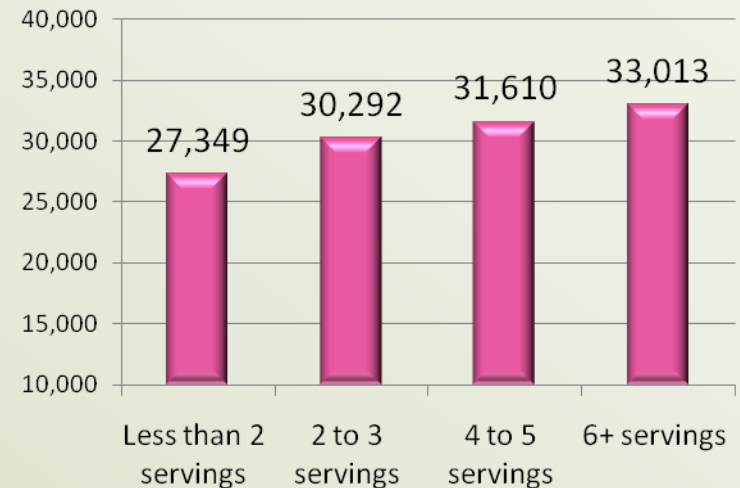


7. Raises your antioxidant defense

Effect of LifePak Usage on Scanner Scores



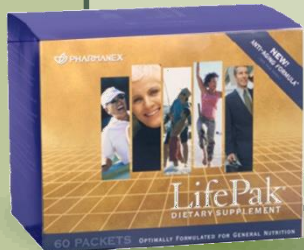
Effect of Fruit & Vegetable Consumption on Scanner Scores



Nothing replaces the need for a healthy diet; you should always strive to eat 5-9 servings of fruit and vegetables each day. But life is hectic; LifePak can provide nutrition insurance that you are getting the antioxidant-nutrients you need.

LifePak Contains 40+ Antioxidants

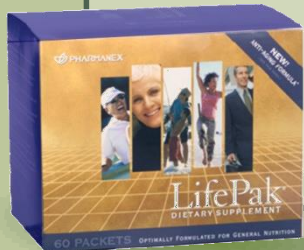
- All 8 forms of natural vitamin E
- Buffered vitamin C
- Selenium, Copper, Zinc, Manganese
- Carotenoids:
 - as found in 5-10 fruits & vegetables per day
- Over 20 Flavonoids:
 - green tea catechins, quercetin, naringenin, hesperidin, grape seed polyphenols, resveratrol
- Alpha lipoic acid



Product Usage

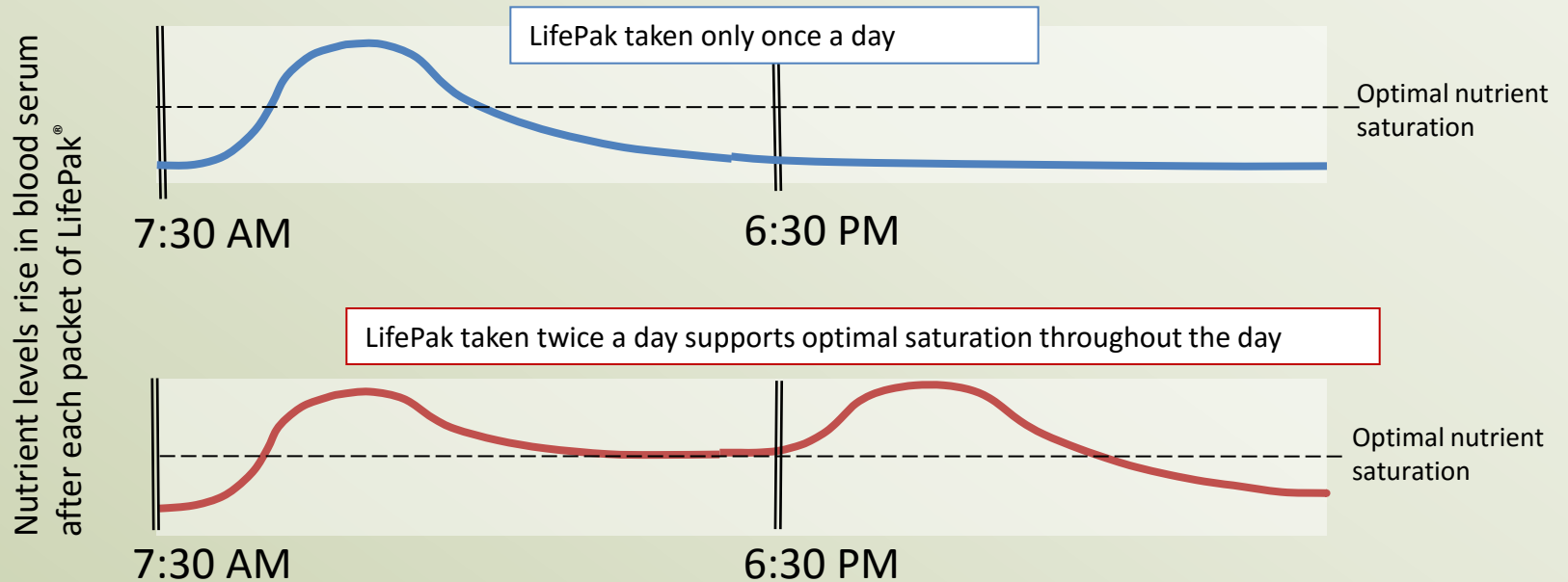
Take the contents of one LifePak sachet with your morning and evening meals (2 sachets/day).

For a complete macro- and micro-nutrient profile, and for improve absorption of fat soluble nutrients, take LifePak with either MarineOmega or Optimum Omega.



Taken Twice Daily:

- Provides optimal saturation and absorption of vitamins and minerals.
- Provides 24-hour antioxidant protection of water soluble antioxidants that are flushed out of the body throughout the day



Each packet should be taken with meals to enhance absorption and improve digestive tolerance.

Key Points

- Provides support for all organs & body systems
- Slows the Aging process at its most basic level
- Contains superior sources of nutrients

Results of Unsolicited Survey

LifePak users report:

- More energy
- Sick less often
- Better Sleep

